

HEFNER RD W

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Standard Year Swim Course
(1/2 = 1 Lap)
(Full/Ultra = 2 Laps)

Optional Low Water Swim Course

LAKE HEFNER

BRITTON RD W

BRITTON RD W

MacARTHUR AVE N

CANAL RD

WILSHIRE BLVD W

MARKET PLACE BLVD

NW EXPRESSWAY

PORTLAND AVENUE

LEGEND

- AID STATIONS
- BARRICADE
- ICE STORAGE
- LIGHTS
- MEDICAL
- PORT 'A' POTTIES
- ROAD CLOSED
- ROAD CROSSING
- TRASH



05-16-17

Run Course Turn Around
(1/2 = 2 Loops)
(Full/Ultra = 4 Loops)

